Abstract

This article analyses three years of activity of the antismoking Centre of the Local Health Unit ASL 10 (TO). In particular, it presents the results of treatment of tobacco smoking using the auricular acupuncture techniques, on 207 subjects from 2001 to 2003. The results obtained, both in the short-term and in a one year period, confirm the validity of this method, which also seemed to have been particularly appreciated by the subjects undergoing the treatment.

Keywords: Tabagism, Auricular acupuncture, Nicotine addiction